



NORDIC KARATE CHAMPIONSHIPS

25th-27th November 2022



WELCOME TO THE NORDIC CHAMPIONSHIP IN KARATE 2022 TO BE HOSTED IN RIGA, LATVIA!

BULLETIN - 1

ORGANIZER

Latvian Karate Federation
Mr. Leonid Vasilyev
E-mail: info@karate.lv
Web: www.karate.lv

ORGANIZING COMMITTEE

Latvian Karate Federation
Lasma Avotina-Zaglova
Phone: +371 29431954
E-mail: lasma.avotina-zaglova@karate.lv

VENUE

Nordic Championship 2022 will take place in a suburb of Latvian capital city Riga, Salaspils
Salaspils sporta nams
Smilšu iela 1, Salaspils



SCHEDULE

Friday 25th November 2022

HQ Hotel - Bellevue Hotel

16.00-17.00: Referee Committee meeting

17.00-19.00: Executive Committee meeting

18.00-19.00: Coach meeting

18.00-21.00: Registration kata and kumite and weighing for kumite

19.00-21.00: Referees briefing and Nordic referee license theoretic examination.

Saturday 26th November 2022

At the venue - **Salaspils sporta nams**

08.00-09.00: Weighing

09.00 Competition starts

17.00 Super Finals and Medal ceremony

20.00 -23.00: Sayonara Party *place TBA*

Sunday 27th November 2022

10:00-12:00 Training day for participants at the competition venue - **Salaspils sporta nams**(TBC)

ENTRY

Entry by registration through Sportdata.org only (per national team). No other registrations are accepted. Deadline for registration is **Thursday 10th November 2022 at the latest.**

If changes are required during the official registration session because of incorrect, missing or new registration data, a fee of €15 is charged for each change.

REGISTRATION

- **Individual: € 30**
- **Team: € 50**

Payment to be made only by bank transfer:

Reg. Nr.: 40008024026

Riga, Visku iela 3 - 78, LV-1063

IBAN: LV94UNLA0055000481661

SWIFT: UNLALV2X

When transferring fee please state: "Nordic Championships 2022 Entry Fee – (country)".

Entry fee must be paid by **Thursday 10th November 2022 at the latest.**

The registration fee will not be accepted in cash on site.

COMPETITION RULES

WKF competition rules effective 01.01.2021 apply.

Athletes are fully responsible for their medical allowance to participate in the tournament as well as insurance.

DISCIPLINES

Kata

Kata female: Cadet, Junior and Senior

Kata male: Cadet, Junior and Senior

Kata team female (age +14)

Kata team male (age +14)

Kumite

Kumite female cadet: -47kg, -54kg, +54kg

Kumite female junior: -48kg, -53kg, -59kg, +59kg

Kumite female senior: 50kg, -55kg, -61kg, -68kg, +68kg

Kumite male cadet: -52kg, -57kg, -63kg, -70kg, +70kg

Kumite male junior: -55kg, -61kg, -68kg, -76kg, +76kg

Kumite male senior: -60kg, -67kg, -75kg, -84kg, +84kg

Kumite team female: Senior (age +18)

Kumite team male: Senior (age +18)

The organizer reserves the rights to change the categories with too few entries in category.

Each country can register two (2) competitors in each individual kumite and kata category. In team kata categories countries can register a third individual competitor if they are a team member.

JUDGES AND REFEREES

Qualified Referees with an international, or each country's highest national, licenses are welcome to participate in the NKC. The age limit for attending the NKC as referee or attending course is 22 years. Please register via Sportdata.org by 10th. November 2022. Max 10 referees per country.

ACCOMMODATION

The official Head Quarter Hotel is Bellevue Hotel Riga and it's located in 5 minute tram ride from center of Riga.

Shuttle buses will be organized to the competition venue, schedule to be announced.

Address: Slokas iela 1, Rīga, LV-1048, Latvija

Distance from venue: 20 km

Distance from City Centre: 2 km

Distance from Airport: 8 km

For booking please contact:

info@karate.lv

Book till 1st September.

Single room: EUR 45 incl. breakfast

Double room: EUR 60 incl. breakfast

Triple room: EUR 90 incl. breakfast



Dinner and lunch can be pre-booked or ordered in hotel, price is 16 EUR per person/per meal

GETTING TO AND FROM RIGA

Riga is easily accessible by air travel as well as land travel for nearby located countries.

Riga Airport is situated 10 km from downtown Riga.

Riga Airport is connected to downtown by bus No.22 which departs every 10-20 minutes, trip to city center takes 30 minutes.

TRANSPORTATION IN AND AROUND RIGA

In Riga city center all places are located within walking distance.

In case you need to travel further, [Rigas Satiksme](#) operates a well-developed transport structure.

SHUTTLE BUSES

Shuttle buses from HQ hotel to the venue will be available, schedule to be announced.



SAYONARA PARTY

Saturday 26th November 2022 from 20.00-23-00 o'clock the dinner and show for the official delegation, the competitors, the team leaders, and the referees will take place at TBA.

- **Entry ticket fee: € 30**

Reg. Nr.: 40008024026

Riga, Visku iela 3 - 78, LV-1063

IBAN: LV94UNLA0055000481661

SWIFT: UNLALV2X

When transferring fee please state: "Nordic Championships 2022 Sayonara Party – (country)" .

DOPING CONTROL

The participants commit themselves to the valid doping rules. Doping controls can take place.

EXCLUSION OF LIABILITY

The organizers and promoters exclude any form of liability whatsoever.

COVID- 19

Currently there are no Covid-19 restrictions in Latvia. In case the situation changes, you will be informed at the earliest.

QUESTIONS

If you have any questions about the competition, accommodation, transportation, etc. –

contact Lasma Avotina-Zaglova e-mail: lasma.avtina-zaglova@karate.lv