



# NORDIC KARATE CHAMPIONSHIPS

## 7-9 April 2023



**Prioritet**

**SERNEKE**

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**WELCOME TO THE NORDIC CHAMPIONSHIP IN KARATE 2023  
GOTHENBURG, SWEDEN  
Bulletin – 2**

**ORGANIZER**

Swedish Karate Federation  
Contact: GS Sarah Wennerström  
E-mail: [nc@swekarate.se](mailto:nc@swekarate.se)

**ORGANIZING COMMITTEE**

Swedish Karate Federation  
Siamak Rezaie  
Phone: +46 704 441025  
E-mail: [nc@swekarate.se](mailto:nc@swekarate.se)

**VENUE**

The Nordic Championship 2023 will take place in Prioritet Serneke Arena.  
Address: Krutvägen 2  
415 28 Göteborg.

**SCHEDULE**

**Friday 7th April 2023**

HQ Hotel - Kviberg Park Hotel & Conference (same address as the Venue)  
16.00-17.00: Referee Committee meeting  
17.00-19.00: Executive Committee meeting  
18.00-19.00: Coach meeting  
18.00-21.00: Registration kata & kumite and weighing for kumite  
19.00-21.00: Referees briefing and Nordic referee license theoretic examination

**Saturday 8th April 2023**

At the venue - **Prioritet Serneke Arena**  
08.00-09.00: Weighing  
09.00 Competition start  
19.00 Super Finals and Medal ceremony  
21.00 -23.00: Sayonara Party at HQ Hotel, restaurant Campo

**ENTRY**

Entry by registration through Sportdata.org only (per national team). No other registrations are accepted.  
Deadline for registration is Thursday 23<sup>rd</sup> March 2023 at the latest.

If changes are required during the official registration session because of incorrect, missing or new registration data, a fee of €15 is charged for each change.



## REGISTRATION

- **Individual: € 30**
- **Team: € 50**

Payment to be made only per bank transfer:

Swedish Karate Federation

Bank: Swedbank

IBAN: SE98 8000 0890 1191 4356 3741

BIC: SWEDSESS

When transferring fee please state: "Nordic Championships 2023 Entry Fee – (country)".

Entry fee must be paid by **Thursday 23rd March 2023 at the latest.**

The registration fee will not be accepted in cash on site.

## COMPETITION RULES

WKF competition rules effective 01.01.2023 apply.

Athletes are fully responsible for their medical allowance to participate in the tournament as well as insurance.

## DISCIPLINES

### Kata

Kata female: cadet, junior and senior

Kata male: cadet, junior and senior

Kata team female (age +14)

Kata team male (age +14)

### Kumite

Kumite female cadet: -47kg, -54kg, -61 kg, +61 kg

Kumite female junior: -48kg, -53kg, -59kg, - 66 kg, +66 kg

Kumite female senior: -50kg, -55kg, -61kg, -68kg, +68kg

Kumite male cadet: -52kg, -57kg, -63kg, -70kg, +70kg

Kumite male junior: -55kg, -61kg, -68kg, -76kg, +76kg

Kumite male senior: -60kg, -67kg, -75kg, -84kg, +84kg

Kumite team female: Senior (age +18)

Kumite team male: Senior (age +18)

The organizer reserves the rights to change the categories with too few entries in category.

Each country can register two (2) competitors in each individual kumite and kata category. In kata categories countries can register a third individual competitor if they are a team member.

## JUDGES AND REFEREES

Qualified Referees with an international, or each country's highest national, licenses are welcome to participate in the NKC. The age limit for attending the NKC as referee or attending course is 22 years.

Please register via Sportdata.org by **Thursday 23rd March 2023**. Max 10 referees per country.



## ACCOMMODATION

**The official Head Quarter Hotel** is Kviberg Park Hotel & Conference.

Address: Krutvägen 2, Göteborg

Distance from venue: 0 km

Distance from central station: 7 km

Distance from Airport: 28 km

**Booking** by February 10<sup>th</sup> use code "KARATE 2023"  
direct to > [meeting@kvibergparkhotell.se](mailto:meeting@kvibergparkhotell.se)

Rates incl. breakfast:

**Single room:** SEK 986

**Double room:** SEK 1220

**Trippel room:** SEK 1366

**4-bedd room:** SEK 1509 (51 rooms)

**5-bedd room:** SEK 1781 (1 room)

**6-bedd room:** SEK 1870 (2 rooms)

Dinner and lunch are possible to book at the hotel.



## Partner Hotel

Scandic Opalen

Address: Engelbrektsgatan 73, Göteborg

Distance from venue: 6,8 km

Distance from central station: 1,6 km

Distance from Airport: 24 km

Distance from parade street Avenyn: 0,4 km

Communication: Tramways goes directly from this hotel to the venue in 25 minutes.

Plan your travel > <https://www.vasttrafik.se/en/travel-planning/travel-planner>



**Booking** by February 20<sup>th</sup> use code "KARATE 2023"  
direct to > [sport.sweden@scandichotels.com](mailto:sport.sweden@scandichotels.com)

Rates incl. breakfast:

**Single room:** SEK 1050

**Double room:** SEK 1250

**Trippel room:** SEK 1550

**4-bedd room:** SEK 1750

Fellow travelers who do not belong to the team  
book their rooms via hotel website  
> [www.scandichotels.com](http://www.scandichotels.com) with code PRO15SE to  
receive a 15% discount on regular prices.

## GETTING TO AND FROM GOTHENBURG

Gothenburg is easily accessible by air travel as well as land travel for nearby located countries.

Landvetter Airport is situated 20 km from downtown Gothenburg and is connected to downtown by bus  
which departs every 20 minutes, trip to city center takes 30 minutes.

Plan your flight-bus travel > <https://www.flygbussarna.se/en/timetable>

## TRANSPORTATION IN AND AROUND GOTHENBURG

Gothenburg is a compact city with a pedestrian city center, and all amenities are within a short walking distance.

To reach hotels and venues the city has a well-developed efficient and environmentally friendly bus and tramway system.

Plan your bus and tramway travel > <https://www.vasttrafik.se/en/travel-planning/travel-planner>

## SHUTTLE BUSES

There will not be a shuttle bus from the HQ. The venue and HQ hotel are located at the same address. To be decided if there will be shuttle bus from the partner hotel.

## SAYONARA PARTY

Saturday 8th April 2023 from 21.00-23-00 o'clock the dinner for the official delegations, competitors, team leaders, and referees will take place at HQ Hotel, restaurant Campo.

- **Entry ticket: € 30**

Payment to be made only per bank transfer at the latest **on Thursday 23rd March 2023** to:

Swedish Karate Federation

Bank: Swedbank

IBAN: SE98 8000 0890 1191 4356 3741

BIC: SWEDSESS

When transferring fee please state: "Nordic Championships 2023 Sayonara Party – (country)".

## DOPING CONTROL

The participants commit themselves to the valid doping rules. Doping controls can take place.

## EXCLUSION OF LIABILITY

The organizers and promoters exclude any form of liability whatsoever.

## Other activities at Serneke Arena

Stay one more day after tournament, have fun and relax.

**Skidome** is a ski facility where you can cross-country ski all year round. The ski trail is slightly hilly and 1.2 km long. The loop contains two classic tracks and a skate bed > <https://www.skidome.ski/>

**Beach Center:** Play beachvolley, shuffleboard or eat & drink > <https://beachcenter.se/boka-bana>

**Nordic Wellness** Kviberg Arena is a gym on 3 levels. Lift weights, gather energy in a yoga class or do a hard cardio session on the treadmill with a view over the football hall.

> <https://nordicwellness.se/vara-klubbar/goteborg/goteborg-kviberg-arena/>

## QUESTIONS

If you have any questions about the competition, accommodation, transportation, etc.

– contact Mr. Siamak Rezaie by e-mail > [nc@swekarate.se](mailto:nc@swekarate.se)